

JOSHUA NELSON, PH.D.  
71 WEST 23<sup>RD</sup> STREET  
SUITE 1115  
NEW YORK, NY 10010

**PERSONAL INFORMATION**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY, STATE, ZIP \_\_\_\_\_  
HOME PHONE \_\_\_\_\_ CELL \_\_\_\_\_  
EMAIL \_\_\_\_\_  
SOCIAL SECURITY NUMBER \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_ PLACE OF BIRTH \_\_\_\_\_

**EDUCATION**

HIGH SCHOOL \_\_\_\_\_ CURRENT YEAR OR GRADUATION YEAR \_\_\_\_\_  
COLLEGE \_\_\_\_\_ CURRENT YEAR OR GRADUATION YEAR \_\_\_\_\_  
GRADUATE SCHOOL \_\_\_\_\_ CURRENT YEAR OR GRADUATION YEAR \_\_\_\_\_

**EMPLOYMENT**

OCCUPATION \_\_\_\_\_ EMPLOYER \_\_\_\_\_

**SIBLINGS (INCLUDING STEP-SIBLINGS AND HALF-SIBLINGS)**

_____	AGE _____	_____	AGE _____
_____	AGE _____	_____	AGE _____
_____	AGE _____	_____	AGE _____

**CURRENT RELATIONSHIP STATUS**

\_\_\_ SINGLE \_\_\_ MARRIED \_\_\_ SEPARATED \_\_\_ DIVORCED \_\_\_ WIDOWED  
\_\_\_ DOMESTIC PARTNER  
LENGTH OF CURRENT RELATIONSHIP (if applicable) \_\_\_\_\_  
CURRENT PARTNER'S NAME \_\_\_\_\_

**PAST SIGNIFICANT ROMANTIC RELATIONSHIPS (INCLUDING AGE DURING RELATIONSHIP, LENGTH OF RELATIONSHIP, AND PARTNER'S NAME)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**CHILDREN (INCLUDING STEPCHILDREN)**

_____	AGE _____	_____	AGE _____
_____	AGE _____	_____	AGE _____
_____	AGE _____	_____	AGE _____

**IF CLIENT IS A CHILD OR TEENAGER, HE/SHE LIVES WITH**

\_\_\_ BOTH PARENTS \_\_\_ MOTHER \_\_\_ FATHER

**IF PARENTS ARE DIVORCED, NATURE OF CUSTODY AGREEMENT**

\_\_\_\_\_  
\_\_\_\_\_

**IF CLIENT IS A CHILD OR TEENAGER (addresses only necessary if different than above)**

<b>FATHER'S NAME</b> _____	<b>MOTHER'S NAME</b> _____
ADDRESS _____	ADDRESS _____
CITY, STATE, ZIP _____	CITY, STATE, ZIP _____
PHONE _____	PHONE _____
OCCUPATION _____	OCCUPATION _____

**EMERGENCY CONTACT**

NAME \_\_\_\_\_ RELATIONSHIP TO CLIENT \_\_\_\_\_  
TELEPHONE \_\_\_\_\_ ADDRESS \_\_\_\_\_

**HEALTH HISTORY**

CURRENT SIGNIFICANT HEALTH PROBLEMS AND MEDICATIONS \_\_\_\_\_  
\_\_\_\_\_

**PSYCHOTHERAPY AND PSYCHIATRIC HISTORY (if applicable)**

PAST PSYCHOTHERAPY (INCLUDING AGE DURING AND LENGTH OF TREATMENT) \_\_\_\_\_

PSYCHIATRIC MEDICATIONS (past and present) \_\_\_\_\_  
\_\_\_\_\_

**FAMILY PSYCHIATRIC HISTORY** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PRIMARY PHYSICIAN**

NAME OF DOCTOR \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

I authorize the release of confidential information regarding my treatment or my child's treatment by Joshua Nelson, Ph.D. to my own or my child's primary physician for the purpose of coordinating care. YES \_\_\_\_\_ NO \_\_\_\_\_

**PSYCHIATRIST (if applicable)**

NAME OF DOCTOR \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

I authorize the release of confidential information regarding my treatment or my child's treatment by Joshua Nelson, Ph.D. to my own or my child's psychiatrist for the purpose of coordinating care. YES \_\_\_\_\_ NO \_\_\_\_\_

**SCHOOL OFFICIALS (for children and teenagers)**

NAME OF SCHOOL \_\_\_\_\_

IMPORTANT CONTACT PEOPLE \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

I authorize the release of confidential information regarding my child's treatment by Joshua Nelson, Ph.D. to the above mentioned school officials for the purpose of coordinating care. YES \_\_\_\_\_ NO \_\_\_\_\_

**SESSION SCHEDULING**

In order for therapy to be most beneficial, we will meet on at least a once-per-week basis. Occasional re-schedulings and cancellations, if necessary, must be made at least two business days in advance. All appointments cancelled within two business days, for any reason, cannot be rescheduled and will be fully charged. The office is closed on all Federal Holidays and when I am on vacation. During occasional vacations, when I am not reachable, another psychologist will be covering for me.

**PAYMENT AND RECEIPTS**

Please bring payment to each session. I accept checks and cash, but not credit cards. I will give you a receipt at the end of the month that can be used for out-of-network insurance reimbursement. I am not on any insurance panels at this time.

**PHONE AND ONLINE VIDEO SESSIONS**

Occasionally, phone or online video sessions can be conducted rather than in-person meetings. All policies regarding scheduling and fees apply equally to these as to in-person meetings. Please bring payment to the following meeting. Privacy issues, especially for online video sessions, will be discussed prior to the first session.

**OUT OF SESSION CONTACTS**

For scheduling issues, I can be reached by either phone or email, and I will respond by the same method. For all clinical issues, please contact me by phone and, if I am unable to answer, leave a message. I will call you back as soon as possible.

**TREATMENT AGREEMENT**

I hereby formally consent to entering into a treatment relationship with Joshua Nelson, Ph.D. I have read and agree to all statements listed in this agreement, including those regarding scheduling and fees. I acknowledge and accept the potential privacy limitations inherent in email and online communications. I understand that psychotherapy is voluntary and that I may stop treatment at any time. I also understand that, except under certain circumstances that are defined by New York State law, all treatment is confidential.

X

**SIGNATURE OF CLIENT OR PARENT OF MINOR CLIENT**

**DATE**

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